

Discover where to recover,
when your *heart*
needs extra care.



The MacIntosh
Heart Health & Rehab Centers
at Monterey and Whetstone

Personalized. Uncompromised. Healthcare.

Why choose The MacIntosh Heart Health & Rehab Center?

When you need cardiac care, you can select any rehab center. But now you have the opportunity to choose a center that's designed exclusively for cardiac recovery, and a team that can provide specialized individual attention. There's never been a better time to *"discover where to recover."*



MacIntosh Heart Health & Rehab Centers Admission Criteria

- Patients must have a cardiac diagnosis that requires recovery and rehabilitation.
- Patients must be committed to actively participating in their rehabilitation and medical care confirming their commitment by signing The MacIntosh Heart Health Center Patient Pledge.
- Patients must be able to comprehend and participate in cardiac disease management training with the ultimate goal to self-manage their disease upon discharge to home.
- Patients should be able to participate in physical and occupational therapy when ordered by a physician.
- Patients should have adequate support from family or friends to provide encouragement and reinforce compliance.

The MacIntosh Heart Health & Rehab Centers

Individualized treatment plans focus on helping patients accomplish goals that maximize cardiopulmonary function, improve psychological and physical well-being and compassionately address lifestyle modifications. Our program targets the individual needs, interests and potential of the patient.

Our highly skilled cardiac team cares for patients who have a chronic cardiac condition or those recovering from a cardiac event or surgery. Patient and family education is a key component of our program. Patients become equipped through education avenues, support groups and guidance in daily care to be able to best self-manage their cardiac condition successfully at home.

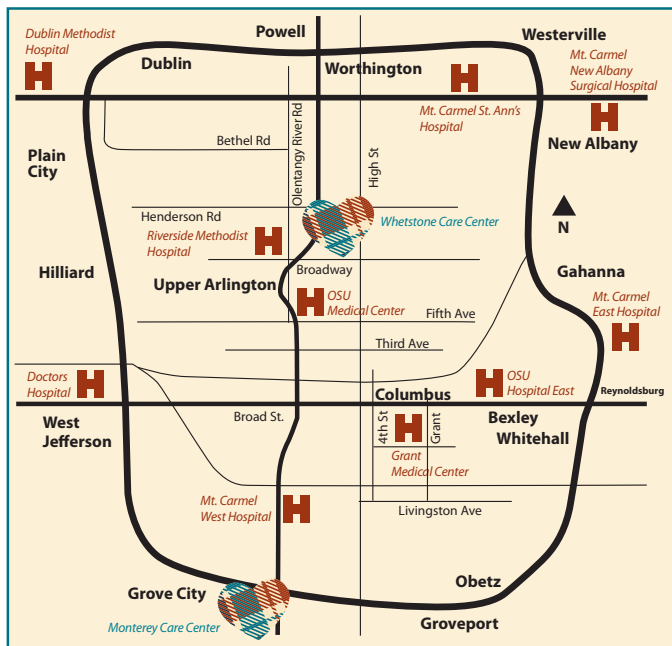
Only The MacIntosh Heart Health & Rehab Centers offer all these benefits:

- Dedicated patient rooms
- Individualized plan of care guided by a clinical cardiac transition coach
- Activity tolerance monitoring
- Cardiac-focused physical and occupational therapy
- Disease management classes and support groups
- Comprehensive discharge planning and follow-up care

*The Only Inpatient
Heart Health Centers
in Central Ohio*

Our program serves cardiac patients with:

- Heart failure
- Unstable angina
- Pre-post cardiac transplant
- Post myocardial infraction
- Post cardiac interventions
- Coronary heart disease
- Hypertension
- Endocarditis
- Post CABG
- Pacemakers



Two locations to serve you

Monterey Care Center

3929 Hoover Road
 Grove City, OH 43123
 614 875.7700

**Whetstone Gardens
 & Care Center**

3710 Olentangy River Road
 Columbus, OH 43214
 614 457.1100

*For additional information or a tour,
 please call the center nearest you.*



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